

Yogya (Clinical Skill Laboratory)

Overview of Yogya

In classical Ayurveda, Yogya refers to the experimental and practical training methods described by Acharya Sushruta. Today, this has evolved into the modern Clinical Skill Laboratory. It is a dedicated simulation environment where students master both traditional Ayurvedic techniques and contemporary clinical procedures safely before moving to real-patient care.

The SRVAMCH Approach

The skill lab at SRVAMCH bridges ancient Ayurvedic wisdom with modern medical advancements. It provides hands-on, simulation-based learning to ensure students develop high procedural confidence and clinical proficiency.

Updated Skill Lab Facilities and Training Modules

Surgical & Para-Surgical Simulation

- **Suturing & Wound Management:** Practice on silicone pads for various knotting and tissue repair techniques.
- **Episiotomy:** Specialized simulators for practicing surgical incisions used during childbirth to prevent trauma and master post-delivery suturing.
- **Uttara Basti:** Dedicated training for the administration of medicated oil or decoction into the urinary bladder or uterus, a key Ayurvedic specialized procedure.
- **Instrument Gallery:** A comprehensive collection of classical Shalya Tantra instruments and modern surgical tools.

Modern Emergency & Critical Care

- **IV Fluids & Gastric Lavage:** Hands-on training for intravenous fluid management and the clinical procedure of gastric lavage used in emergency poisoning or diagnostic cases.
- **Life Support & Advanced Intervention:** CPR/BLS mannequins and airway management simulators for intubation and emergency critical care.

Obstetrics and Gynecology

- **Labour Obstetrics:** Advanced childbirth simulators that allow students to practice normal labor management and assisted delivery techniques in a controlled environment.

Core Clinical Competencies

- **Chest Auscultation:** Simulation-based training to identify heart and lung sounds, enabling students to differentiate between normal and pathological conditions.
- **Procedural Training:** Includes venipuncture, IM/IV injections, and catheterization mannequins to ensure patient safety.



