

## **Department of Rog Nidan evam Vikriti Vigyan SRV Ayurvedic Medical College & Hospital, Lucknow**

### **Introduction**

The Department of Rog Nidan evam Vikriti Vigyan at SRV Ayurvedic Medical College & Hospital, Lucknow plays a central role in Ayurvedic education and clinical training. The department is dedicated to the systematic study of Ayurvedic diagnostics and disease pathology, emphasizing the understanding of disease origin, progression, and manifestation as described in classical Ayurvedic texts.

### **Vision and Mission**

The department aims to develop competent Ayurvedic physicians by strengthening their ability to identify diseases at an early stage and analyze pathological changes using traditional diagnostic principles combined with modern investigative tools.

### **Aim**

To develop skilled Ayurvedic practitioners with strong diagnostic abilities, capable of understanding disease causation, progression, and pathology through classical Ayurvedic principles integrated with modern diagnostic approaches.

### **Objectives**

To provide comprehensive knowledge of disease diagnosis based on Ayurvedic principles

To identify Nidana (causative factors) responsible for disease development

To understand Samprapti (pathogenesis) for proper interpretation of disease process

To recognize early signs and symptoms (Purvarupa and Rupa) of diseases

To correlate Ayurvedic concepts with modern diagnostic techniques

To develop analytical skills for individualized patient assessment

To train students in clinical examination and diagnostic procedures

To promote research-oriented learning in Rog Nidan and Vikriti Vigyan

### **Scope of Rog Nidan evam Vikriti Vigyan**

This subject provides in-depth knowledge of:

Nidana (causative factors) responsible for disease onset

Samprapti (pathogenesis) explaining disease evolution

Vyadhi Lakshana (clinical features)

Vikriti (pathological changes) occurring in the body

Understanding these aspects helps in planning precise and effective Ayurvedic management.

### **Teaching Methodology**

The department follows a comprehensive teaching approach that includes:

Classroom lectures based on classical Ayurvedic literature

Case-based learning and clinical demonstrations

Practical training in Ayurvedic diagnostic methods

Correlation of Ayurvedic concepts with modern pathology

### **Clinical Importance**

Accurate diagnosis is the foundation of successful treatment in Ayurveda. Through detailed assessment of Dosha imbalance, Agni status, Ama presence, and Srotas involvement, students are trained to arrive at a holistic diagnosis rather than symptom-based identification alone.

### **Academic Activities**

Undergraduate teaching for BAMS students

Clinical case discussions and seminars

Encouragement of research-oriented learning

Integration of hospital-based clinical exposure

Contribution to Ayurvedic Practice -

The Department of Rog Nidan evam Vikriti Vigyan acts as a bridge between theoretical knowledge and clinical application, enabling students to understand diseases in a holistic manner and apply individualized treatment principles effectively.

### **Success Stories**

In the academic year 2021-22, Jyoti Singh secured the highest marks in Rog Nidan evam Vikriti Vigyan.

About the Faculty -

Name: Dr. Ajay Kumar

Designation: Assistant Professor

Qualification:

UG – Lalit Hari Rajkiye Ayurvedic College & Hospital, Pilibhit

PG – Government Ayurvedic College & Hospital, Varanasi





