

# SHRI RAMCHANDRA VAIDYA AYURVEDIC MEDICAL COLLEGE AND HOSPITAL

Yamuna Vihar, Malhore Road, (Near ELDECO Tiraha) Chinhat, Lucknow-226028

## HERBAL GARDEN

The Institution has well maintained herbal garden with more than 250 species of medicinal plants including rare species for practical demonstration to students. The area is about 2500 square meters and serves as a as an important academic and educational facility to promote the conservation, cultivation, and scientific study of medicinal plants used in Ayurveda.

The herbal garden plays a significant role in teaching and training activities of the Department of Dravyaguna Vigyan by helping students understand the identification, morphology, therapeutic properties, and traditional uses of medicinal plants. It provides hands-on learning opportunities related to field identification, botanical classification, cultivation practices, and pharmacognostic studies of medicinal herbs.

The garden consists of a diverse collection of medicinal plants including herbs, shrubs, climbers, and trees of Ayurvedic importance.

### Important plant species maintained in the garden include

Plant Name	Botanical Name	Family
आंवला	<i>Phyllanthus emblica L.</i>	Phyllanthaceae
आरग्वध	<i>Cassia fistula L.</i>	Fabaceae
अर्जुन	<i>Terminalia arjuna (Roxb.) Wight &amp; Arn.</i>	Combretaceae
सीता अशोक	<i>Saraca asoca (Roxb.) Willd.</i>	Fabaceae
अश्वगंधा	<i>Withania somnifera (L.) Dunal</i>	Solanaceae
बला	<i>Sida cordifolia L.</i>	Malvaceae
अतिबला	<i>Abutilon indicum L.</i>	Malvaceae
पाठा	<i>Cissampelos pareira Linn.</i>	Menispermaceae
गदहपुत्रा / पुनर्नवा	<i>Boerhavia diffusa Linn.</i>	Nyctaginaceae
भृंगराज	<i>Eclipta prostrata L.</i>	Asteraceae
भुई आंवला	<i>Phyllanthus niruri</i>	Euphorbiaceae
बेल / बिल्व	<i>Aegle marmelos (L.) Correa</i>	Rutaceae
लहशुन / रसोन	<i>Allium sativum Linn.</i>	Liliaceae
सर्पगंधा	<i>Rauwolfia serpentina Ben.</i>	Apocynaceae
चित्रक / चीता	<i>Plumbago zeylanica L.</i>	Plumbaginaceae
अनार / दाडिम	<i>Punica granatum L.</i>	Lythraceae
सेमल / शाल्मली	<i>Salmalia malabarica</i>	Bombacaceae
वचा	<i>Acorus calamus Linn.</i>	Acoraceae
एरण्ड / रेड़ी	<i>Ricinus communis Linn.</i>	Euphorbiaceae
गोखरू/ गोक्षुर	<i>Tribulus terrestris L.</i>	Zygophyllaceae
गिलोय / गुडूची	<i>Tinospora cordifolia (Thunb.) Miers</i>	Menispermaceae
तुलसी	<i>Ocimum sanctum Linn.</i>	Labiatae

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कपूर तुलसी	<i>Ocimum kilimandscharicum</i>	Lamiaceae
हल्दी / हरिद्रा	<i>Curcuma longa L.</i>	Zingiberaceae
हर्रे / हरीतकी	<i>Terminalia chebula Retz.</i>	Combretaceae
बहेड़ा / विभीतक	<i>Terminalia bellirica Roxb.</i>	Combretaceae
जम्बू / जामुन	<i>Syzygium cumini (L.) Skeels.</i>	Myrtaceae
वासा / अड़ुषा	<i>Adhatoda vasica Nees.</i>	Acanthaceae
ज्योतिष्मती	<i>Celastrus paniculatus Willd.</i>	Celastraceae
कांचनार	<i>Bauhinia variegata Linn</i>	Fabaceae
मोथा / मुस्तक	<i>Cyperus rotundus</i>	Cyperaceae
केवांच / कपिकच्छू	<i>Mucuna pruriens (L.) DC.</i>	Fabaceae
शतावरी	<i>Asparagus racemosus</i>	Liliaceae
सहजन / शिग्रु	<i>Moringa oleifera Lam.</i>	Moringaceae
कालमेघ	<i>Andrographis paniculata</i>	Acanthaceae
घी कुवांर / घृतकुमारी	<i>Aloe barbadensis</i>	Asphodelaceae
कुटज	<i>Holarrhena antidysenterica</i>	Apocynaceae
वृक्ष करंज	<i>Pongamia pinnata</i>	Fabaceae
लता करंज	<i>Caesalpinia crista</i>	Caesalpinioideae
लटजीरा / अपामार्ग	<i>Achyranthes aspera L.</i>	Amaranthaceae
हड़जोड़	<i>Cissus quadrangularis L.</i>	Vitaceae
बृहती	<i>Solanum indicum Linn.</i>	Solanaceae
चकवड़ / चक्रमर्द	<i>Cassia tora Linn.</i>	Caesalpinioideae
धनिया / धान्यक	<i>Coriandrum sativum Linn.</i>	Umbelliferae
छोटी इलाइची	<i>Elettaria cordamomum</i>	Zingiberaceae
गंभारी	<i>Gmelina arborea Linn.</i>	Verbenaceae
गुड़हल / जपा	<i>Hibiscus rosa sinesis</i>	Malvaceae
छुईमुई / लज्जालु	<i>Mimosa pudica</i>	Leguminoceae
नीम / निम्ब	<i>Azadiracta indica</i>	Meliaceae
निर्गुन्डी	<i>Vitex negundo</i>	Verbenaceae
पलाश	<i>Butea monosperma</i>	Papilionatae
गुड़मार	<i>Gymnema sylvestre R.Br.</i>	Apocynaceae
हरसिंगार	<i>Nyctanthes arbor-tristis</i>	Oleaceae
नकली अशोक/ काष्ठदारु	<i>Polyalthia longifolia Thw</i>	Annonaceae
पारावत (अमरुद)	<i>Psidium guajava L.</i>	Myrtaceae
दूर्वा (घास)	<i>Cynodon dactylon (L.) Pers.</i>	Poaceae
बैंगन (Eggplant)	<i>Solanum melongena L.</i>	Solanaceae

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टमाटर	<i>Solanum lycopersicum L.</i>	Solanaceae
मिर्ची	<i>Capsicum annuum L.</i>	Solanaceae
जंगली पुदीना (Goat weed)	<i>Ageratum conyzoides L.</i>	Asteraceae
स्रेक प्लांट	<i>Dracaena trifasciata (Prain) Mabb.</i>	Amaranthaceae
चील (Bottle brush)	<i>Callistemon viminalis (Sol. ex Gaertn.)</i>	Myrtaceae
आम्र	<i>Mangifera indica L.</i>	Anacardiaceae
सिन्दूरी	<i>Bixa orellana L.</i>	Bixaceae
कढ़ीपत्ता / मीठी नीम	<i>Murray koenigii (L) Spreng</i>	Rutaceae
महानिम्ब	<i>Melia azedarach Linn.</i>	Meliaceae
केवड़ा	<i>Pandanus odoratissimus Lam.</i>	Pandanaceae
पीपल	<i>Ficus religiosa Q.</i>	Moraceae
बरगद	<i>Ficus benghalensis L.</i>	Moraceae
शरीफा	<i>Annona squamosal L.</i>	Annonaceae
चिरबिल्व	<i>Holoptelea integrifolia L.</i>	Ulmaceae
तरुणी / गुलाब	<i>Rosa</i>	Rosaceae
प्लक्ष	<i>Ficus lacor</i>	Moraceae
वंश	<i>Bambusa arundinaceae</i>	Poaceae
पर्णयवनी	<i>Coleus amboinicus</i>	Lamiaceae
चिंचा	<i>Tamarindus indica L.</i>	Fabaceae
चीकू	<i>Manilkara zapota</i>	Sapotaceae
कुलंजन	<i>Alpinia galanga L.</i>	Zingiberaceae
गुग्गुल	<i>Commiphora mukul</i>	Burseraceae
ब्राह्मी	<i>Bacopa monnieri</i>	Plantaginaceae
खस	<i>Vetiveria zizanioides</i>	Poaceae
स्टीविया	<i>Stevia rebaudiana</i>	Asteraceae
पिप्पली	<i>Piper longum</i>	Piperaceae
सिट्रोनेला घास	<i>Cymbopogon nardus</i>	Poaceae
गंधतृण / लेमनग्रास	<i>Cimbopogon citratus</i>	Poaceae
नींबू	<i>Citrus limon</i>	Rutaceae
बड़ी दुग्धिका	<i>Euphorbia hirta L.</i>	Euphorbiaceae
छोटी दुग्धिका	<i>Euphorbia thymifolia L.</i>	Euphorbiaceae
चम्पा	<i>Magnolia champaca</i>	Magnoliaceae
दमबेल	<i>Tylophora indica</i>	Apocynaceae
सहदेवी	<i>Vernonia cinerea</i>	Asteraceae
कांटा चौलाई	<i>Amaranthus spinosus</i>	Amaranthaceae

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शहतूत	<i>Morus alba</i>	Moraceae
उपोदिका	<i>Basella alba</i>	Basellaceae
कदम्ब	<i>Neolamarckia cadamba</i>	Rubiaceae
झंडू	<i>Tegetes erecta</i>	Asteraceae
सुही भेद	<i>Euphorbia milli</i>	Euphorbiaceae
रेन लिली	<i>Zephyranthes spp.</i>	Amaryllidaceae
सदाबहार	<i>Catharanthus roseus (L.)</i>	Apocynaceae
बिम्बी	<i>Coccinia indica W. &amp; A</i>	Cucurbitaceae
मकोय	<i>Solanum nigrum L.</i>	Solanaceae
व्याघ्र एरण्ड	<i>Jatropha curcas Linn.</i>	Euphorbiaceae
अर्क	<i>Calotropis gigantea</i>	Apocynaceae
धतूरा	<i>Datura metel</i>	Solanaceae
महुआ	<i>Madhuca longifolia</i>	Sapotaceae
महानिम्ब	<i>Melia azedarach L.</i>	Meliaceae
कनेर	<i>Nerium oleander</i>	Apocynaceae
बदर	<i>Ziziphus mauritiana</i>	Rhamnaceae
टूम्पेट बुश/टिकोमा	<i>Tecoma stans (L.)</i>	Bignoniaceae
जंगल जलेबी/मीठी इमली	<i>Pithecellobium dulce (Roxb.) Benth.</i>	Fabaceae
रबर प्लांट	<i>Hevea brasiliensis</i>	Euphorbiaceae
स्वर्णक्षीरी	<i>Argemone mexicana Linn.</i>	Papaveraceae
महोगनी	<i>Swietenia macrophylla</i>	Meliaceae
पारीष	<i>Thespesia populnea (L.)</i>	Malvaceae
पथरचटा	<i>Kalanchoe pinnata</i>	Crassulaceae
सप्तपर्ण	<i>Alstonia scholaris</i>	Apocynaceae
शमी	<i>Prosopis cineraria</i>	Fabaceae
शालपर्णी	<i>Desmodium gangeticum</i>	Fabaceae
हस्तिशुण्डी	<i>Heliotropium indicum</i>	Boraginaceae
हरित मंजरी	<i>Acalypha indica</i>	Euphorbiaceae
सुबाबुल	<i>Leucaena leucocephala</i>	Fabaceae
जीवन/जियो	<i>Trema tomentosa</i>	Cannabaceae
कपित्थ	<i>Limonia acidissima</i>	Rutaceae

The herbal garden is systematically maintained with proper irrigation facilities, labeled plant specimens, educational display boards. The facility supports academic demonstrations,

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research-oriented activities, herbarium preparation, medicinal plant identification studies, and awareness programs related to herbal medicine and biodiversity conservation.

The institution continuously undertakes plantation and maintenance activities to enrich the diversity and sustainability of the herbal garden. The garden not only strengthens practical learning in Ayurveda but also contributes to the preservation and promotion of traditional medicinal knowledge for future generations.

### Photographs:

