

Department of Kayachikitsa

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Introduction

The Department of Kayachikitsa is a core clinical department dealing with the diagnosis and management of various systemic diseases through Ayurvedic principles. It integrates classical Ayurvedic knowledge with contemporary diagnostic approaches to provide holistic patient care. It combines classical Ayurvedic principles with modern diagnostic techniques to provide holistic, patient-centered care while supporting academic excellence.

Aims

- To deliver safe, effective, and holistic Ayurvedic treatment.
- To develop skilled Ayurvedic practitioners with strong clinical competence.
- To encourage research and evidence-based Ayurvedic practice.
- To promote preventive and lifestyle-based disease management.

Objectives:

- To impart thorough knowledge of Ayurvedic diagnosis and treatment protocols.
- To achieve proficiency in managing common and chronic disorders such as Grahani, Jwara, Prameha, and Vatarakta.
- To educate patients about diet (Ahara) and lifestyle (Vihara).
- To integrate Panchakarma and internal medicine for better clinical outcomes.
- To enhance academic excellence through seminars, case discussions, and clinical presentations.
- To train students in patient examination, case taking, and management.
- To support student training and clinical excellence.

Cases Handled / Activities:

- Special emphasis is given to chronic and lifestyle disorders.
- Clinical activities include OPD and IPD services, individualized Ayurvedic treatment, and Panchakarma procedures.
- Health camps and awareness programs are conducted periodically to promote Ayurvedic healthcare in the community.

✦ Committed to Natural Healing & Community Wellness ✦

