

INTRODUCTION:

The Department of Prasuti Tantra is a major clinical department of Ayurveda concerned with the care of women during pregnancy, childbirth, and the postnatal period. It deals with ante-natal care (Garbhini Paricharya), management of labor (Prasava), and post-natal care (Sootika Paricharya) as described in classical Ayurvedic texts.

The department aims to promote safe motherhood and healthy progeny through holistic Ayurvedic principles, emphasizing natural care, diet, lifestyle regulation, and minimal drug use. Along with academic teaching, the department provides clinical training through OPD, IPD, antenatal clinics, and labor room services, enabling students to develop practical skills in maternal healthcare.

Aims :

- * To provide holistic Ayurvedic care during pregnancy, labor, and postnatal period.
- * To train students in safe and natural obstetric practices.
- * To promote maternal health, healthy progeny, and research in Prasuti Tantra.

Vision:

Holistic women's healthcare and safe motherhood through Ayurveda.

Mission;

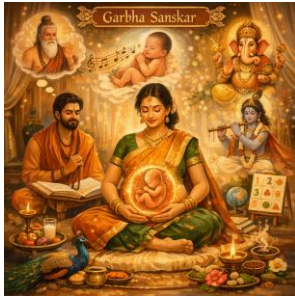
Quality education, clinical training, and research in Ayurvedic obstetrics and gynecology.

Objectives:

- To train students in Ayurvedic management of pregnancy, labor, and postnatal care.
- To develop clinical skills in obstetric case handling and safe delivery practices.
- To impart knowledge of Garbhini and Sootika Paricharya.

GARBHA SANSKAR :

- Holistic prenatal care for fetus development
- Focus on Ahara – Vihara – Vichara
- Positive maternal mindset & emotional balance
- Mantra, music, meditation & sattvic diet
- Integral part of Garbhini Paricharya
- Aim: Healthy mother & ideal progeny (Supraja) To integrate Ayurvedic and modern obstetric concepts.
- To promote research and preventive maternal healthcare.



Academic activities

- ❖ Theory and clinical teaching
- ❖ OPD/IPD & labour room training
- ❖ Seminars, workshops, and research
- ❖ Community and outreach activities
- ❖ Garbha Sanskar education and mother counseling sessions

About the faculty-

1. Name- Dr. Preethi Agarwal

Designation- Associate professor(HOD)

Qualification- BAMS., M.S

UG- Ashwini Ayurvedic medical college and hospital, RGUOHS, Bangalore

PG- SDMAMCH, RGUOHS, Bangalore

2. Name- Dr. Deepa pal

Designation- Assistant professor

Qualification- BAMS., M.S

UG- Himalaya Ayurvedic Medical college, Hemvati Nandan Bahuguna Garhwal university, Rishikesh.

PG-Veer Bahadur singh purvanchal university, jaunpur



